

SPORTIME RANDALL'S ISLAND ADULT TENNIS ACADEMY

SPORTIME Randall's Island, One Randall's Island, New York, NY 10035
Tel: 212/427-6150 | Fax: 212/427-5650 | Email: TennisRI@SportimeNY.com | www.SportimeNY.com/Manhattan

Serious Adult tennis players can now train like the high-level juniors do, with pros from the John McEnroe Tennis Academy!

Don't miss this rare opportunity – Adult Academy starts January 16. You CAN bring your game to another level!

- **Focused 17-week training is anchored by a two-hour weekly group tennis clinic with high-intensity drills, stroke instruction, live points, and match strategy.** Day and evening times available. (Group make-up and creation are dependent on skill level of the participants.)

To have the biggest impact, players should consider adding the following:

- **One hour weekly personal training session with our licensed trainers.*** 17 weekly sessions to be pre-scheduled between member and trainer.
 - **Senior Trainer Sophie Scott**, a UK trained Osteopath and Director of Performance at John McEnroe Tennis Academy
 - **Staff Trainer Andrew Small**, a Physical Therapist and Exercise Physiologist
- **One hour weekly private tennis lesson.*** Select a weekly time and choose a pro from SPORTIME's world-renowned staff.

Regardless of the current skill level, SPORTIME's ADULT ACADEMY will make a difference in your game.

* Price of 17-week Adult Academy will vary according to which levels are selected for the personal trainer and private tennis pro. Please see back for pricing and scheduling options.

REGISTER TODAY!

Complete the application on the reverse and return it to SPORTIME Randall's Island, One Randall's Island, New York, NY 10035 or fax to 212/427-5650. Contact Lorelei Garrett with any questions at tennisri@sportimeny.com or call 212/427-6150.



SPORTIME RANDALL'S ISLAND

About the facility: SPORTIME Randall's Island features 160,000 square feet of tennis court and amenities, including 5 indoor and 5 indoor/outdoor Deco-Turf hard tennis courts, and 10 indoor/outdoor Har-Tru clay tennis courts. This extraordinary club also features a state-of-the-art training and fitness center; comfortable lounge areas with excellent viewing; a pro shop featuring top brands and 24-hour stringing; a café serving healthy food, snacks and beverages; and classrooms and meeting facilities.



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