

JOHN McENROE TENNIS ACADEMY AT SPORTIME AMAGANSETT

SUMMER TRAINING CAMP  PLAYERS AGES 9-18

JUNE 17TH - AUGUST 30TH, 2019



John McEnroe Tennis Academy Summer Training Camp

At JMTA, we train 52 weeks a year. Our intensive JMTA Summer Training Camp at SPORTIME Amagansett, the Hamptons' summer home of JMTA, is designed for players competing in or striving to compete in Sectional, National and ITF tournaments, and those interested in playing high-school tennis, college tennis and beyond. Players, at any level, who simply want to be the best they can be, are also welcome!



JMTA Tennis Training

The JMTA Training Camp curriculum features a combination of drills, technical and tactical coaching, match play, and off-court athletic and cross-training, specifically tailored to the ages and levels of each JMTA player group. Our world-class directors carefully evaluate students, place them in small age and level-appropriate groups, and customize programs to meet their developmental needs.



JMTA Athletic and Performance Training

JMTA's APT program is designed to help tennis players improve their on-court performance through increased strength, flexibility and mobility, and to reduce the risk of injury.



JMTA Mental Toughness Training

We believe that our capacity to determine an individual player's on-court stress patterns, and to provide him/her with the tools to better manage stress at times of on-court adversity, to prepare to mount a comeback, or to remain calm when in the lead, is crucial to giving each JMTA student an "edge". JMTA's Mental Toughness curriculum is developed by JMTA Directors and coaches, and implemented on and off-court.



SPORTIME Amagansett, JMTA Hamptons
320 Abrahams Path, Amagansett, NY 11937

631-267-3460

Video Analysis

Our supervising coaches take videos of JMTA students in action and, using video analysis software, provide verbal feedback tagged to the video clips, using annotation tools to highlight the verbal analysis. These videos are then emailed to the players, parents and coaches. JMTA coaches also review and analyze other practice and match play video, both of JMTA players and of professional players, with students, in individual and group settings.



Match Play Afternoons

With up to 33 Har-tru tennis courts available to our juniors, it's match-play every afternoon at SPORTIME Amagansett. Participants have the opportunity to compete in singles and doubles competition, with on-court supervision from our staff of experienced coaches. Players receive technical and tactical feedback in match-play situations.



Typical Camp Day Schedule

Monday - Friday: 10:00am-4:00pm

10am-10:15am	Check-in and assembly
10:15am-11am	Performance training or mental toughness training
11am-12:45pm	On-court training, including live-ball drills and technical skills development
12:45pm-1:45pm	Lunch and rest
1:45pm-3:45pm	Singles and doubles match play; live-ball drills (situational/strategy), tactical point-play games
3:45pm-4:00pm	Cool down and dismissal

Register Online: www.SportimeCamps.com/JMTA-AM

Follow us @sportimeamagansett

About the John McEnroe Tennis Academy at SPORTIME Amagansett

SPORTIME Amagansett
Located in the Town of East Hampton, spread across 24 acres, Sportime Amagansett features 33 Har-tru tennis courts, natural turf sports fields, a large indoor sports arena, a tennis pro shop and a café. Adult and junior memberships are available, along with private or group tennis instruction and clinics and a range of tennis and social events.

Camp Directors and JMTA Directors

Brian Helm, JMTA Amagansett Co-Director

We are extremely excited to announce that Brian Helm is returning to Amagansett this year as Co-Director of JMTA Amagansett. Brian is an extremely sought-after coach who has worked for over 20 years with players of all ages and levels, from beginners to world-class touring pros. During the indoor season, Brian is an Associate Director at Sportime Randall's Island.

Denis Porcic, JMTA Amagansett Co-Director

Returning for his 2nd season as Assistant Director of JMTA Amagansett, Denis was a top-ranked junior player in his home country, Bosnia and Herzegovina, and a member of the ITF Team of Europe. During the indoor season, Denis is an Assistant Director at Sportime Randall's Island.

Patrick McEnroe, Co-Director of JMTA

As a junior from Douglaston, NY, Patrick reached the semifinals of Wimbledon and the US Open boys' singles in 1983. At Stanford University, Patrick captained NCAA championship teams in 1986 and 1988, and graduated with a degree in political science. On the ATP Tour, Patrick achieved world rankings of No.28 in singles and No.3 in doubles, and won a French Open title in doubles. Patrick was the longest tenured U.S. Davis Cup captain in history, winning the cup in 2007. He was the General Manager of Player Development for the USTA until mid-2015 and joined Sportime/JMTA in 2017.

Lawrence Kleger, Co-Director of JMTA

A native New Yorker, Lawrence is recognized as one of the top developmental coaches in the USA. He has coached numerous sectionally, nationally and world ranked juniors, including current ATP Tour player, 2014 Wimbledon Junior and US National Boys 18 Champion, Noah Rubin.



For full bios about our JMTA Directors, please visit us online at www.SportimeCamps.com/JMTA-AM.

Additional Information

- **US Open Trip:** All JMTA students who are attending during the US Open qualifiers are invited to visit the US Open as part of their JMTA tuition. This annual trip includes bus transport from SPORTIME to the US Open. Directors and JMTA coaches chaperone the group - always a great experience!
- **Rainy Days:** Nothing cancels JMTA Training Camp. Rain or shine, we are on! When courts are closed, we use our indoor space at the SPORTIME Amagansett Multi-Sport Multi-Sport Arena to provide a modified performance schedule. We also watch tennis videos and, on rare occasions when a full day may be lost to inclement weather, we take groups to the local movie theater. Campers who wish to opt out of a rainy-day session may do so and may schedule a make-up day on a space-available basis. No refunds are given for rainy days.
- **Themed Days & Other Fun Days:** Tough Tuesdays, Technical Wednesdays, Friday Morning Workouts, Davis Cup, BBQs and Pool Parties - at JMTA every day is special!
- **Private Coaching:** Private tennis lessons, athletic training sessions, mental-toughness training sessions and physical therapy sessions are available. Cost varies by product and by coach. Call for more info.
- **USTA Tournaments:** SPORTIME Amagansett hosts at least 3 USTA Junior Tennis Tournaments each summer. All JMTA players are encouraged to compete in these tournaments. JMTA coaches will be on-site to support, coach and observe JMTA players. Register your child with USTA now or ask us for help if needed!

Safety

To ensure your child's safety, all activities are supervised by directors and coaches trained in injury prevention and CPR. We are committed to providing a safe environment for your child.

Lunch

Players receive lunch daily, prepared onsite by our cafe operator, Kelly's Cafe. Lunches include a variety of hot entrees, healthy sandwiches or wraps, along with salad, fresh fruit and lemonade. Kelly's cafe is nut-free and there is always a vegetarian option.

Transportation

Depending on location, door-to-door transportation may be available, for a nominal fee, for JMTA players who live between Montauk and Amagansett or between Amagansett and Bridgehampton. If you are interested in daily bus service, please contact us at 631-267-3460.



Register Today!

Please call 631-267-3460 or email amagansett@sportimeny.com with any questions or visit us online at www.SportimeCamps.com/JMTA-AM



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