



# 2011-2012 JUNIOR VOLLEYBALL PROGRAMS

This program is offered at the following SPORTIME locations:  
**BETHPAGE MULTI-SPORT**  
**KINGS PARK \* LYNBROOK \* AMAGANSETT**

SPORTIME JUNIOR VOLLEYBALL CLINICS are designed for girls and boys interested in improving their volleyball skills in a fun, intense training environment. Each program challenges players with innovative drills that teach proper body position, skill technique and game strategy. Our expert coaches guide players and help them bring their games to the next level. This is a great program for boys and girls interested in playing for their school teams or preparing for college volleyball.

SPORTIME also offers great off-season strength & conditioning programs, specialty position clinics, junior open play and several weeks of summer camp.

Please see the reverse side for program schedules and fees for all of our locations.



**Ask about our Volleyball Facility on the East End in Amagansett!**



4105 Hempstead Tpk  
Bethpage, NY

516/731-4432

Long Island's only volleyball store is located inside Sportime at Bethpage Multi-Sport. Quickset carries the latest volleyball sneakers, knee pads, active ankles, spandex, socks, volleyballs, and much more!

**10%**  
*Discount on all Quickset purchases for Sportime players.*

## SPORTIME VBC

SPORTIME's travel club program trains girls, ages 11-18, to prepare them for local and regional competitions. Players practice for 20 weeks and participate in several tournaments throughout the club season.

For more information, visit us online at:  
[www.SportimeNY.com/VBC](http://www.SportimeNY.com/VBC)

SPORTIME<sup>SM</sup>... Fitness for Real Life.  
[www.SportimeNY.com](http://www.SportimeNY.com)

