

SPORTIME SCHENECTADY 2019 SUMMER TENNIS CAMPS

EXCEL ELITE • TOURNAMENT TRAINING • COMBO TENNIS CAMP

JUNE 24TH - AUGUST 30TH



SPORTIME EXCEL Summer Tennis Training Camps

Our intensive EXCEL Summer Training Camp welcomes ALL tennis players by offering three unique camp programs designed to meet the needs of young players of all abilities and levels, from nationally-ranked to never-touched-a-racket. Our coaches carefully evaluate EXCEL students, place them in small, age and level appropriate groups, and customize programs to meet their developmental needs.

Our world class professional staff is led by SPORTIME Schenectady's Director of Tennis, Philippe Ceas, and by Master Pros Michael Amico, Brian Bowman, and Mislav Colak. Current high-level collegiate players round out our seasonal coaching team, and offer EXCEL campers the opportunity to hit and play with the Capital Region's finest pro staff and the best tennis competitors in Upstate NY.

EXCEL ELITE Ages 9-16

Our EXCEL Elite program is the premier tennis training program in the Capital Region. This high-performance tennis camp is for players competing in or striving to compete in USTA Sectional, USTA National and ITF tournaments, and those interested in playing high school tennis, college tennis, and beyond. Participation requires Tennis Director approval.

- Full Day: 9:00am-4:00pm



Tournament Training (JV Level) Ages 9-16

This program is perfect for intermediate players who are trying to elevate their games to compete at the next level. A full day of tennis activities mirrors the ELITE program, but focuses more on skills development, fun and friendship, and includes some time to cool off in the pool.

- Full Day: 9:00am-4:00pm

Combo Tennis Camp (Basic Tennis Instruction) Ages 12-16

For beginners who want an introductory tennis experience. Campers will learn all the basics from our dedicated, certified staff, and will discover how much fun it is to get in the game. An active day of tennis instruction, multi-sport activities, games, snacks, pool time, and modified match-play will get our campers playing and enjoying the game of tennis quickly.

- Full Day: 9:00am-4:00pm



Typical Camp Day Schedule

9:00 - 9:10	Check-in and assembly
9:10 - 10:30	Fitness cross-training and video analysis
10:30 - 10:45	Snack
10:45 - 12:15	Live ball drills, technique and strategy development, themed situational drills
12:15 - 1:00	Lunch and rest
1:00 - 4:00	Match play competition, match analysis and coaching
4:00	Dismissal

Lunch: Campers may bring a packed lunch or may purchase lunch for \$7/day.

In Case of Rain: Camp will utilize SPORTIME's eight indoor courts, fitness center and other indoor facilities to provide a modified daily camp schedule.

Extended Day Available!

Register Today!

Contact us at 518-356-0100, or email campssch@sportimeny.com, and we will be happy to answer questions and provide registration assistance. Visit us online at www.SportimeCamps.com/SCH to find out more.



SPORTIME Schenectady
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518-356-0100

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