

Team	Start Date	Practice Days	Notes
------	------------	---------------	-------

14-1	Fall season started on Sept. 12th	M & W	Changing to Fridays as of Dec 2nd, 2nd half Extension Program starts Jan 27th and ends May 19th
14-2	Fall season started on Sept. 12th	M & W	Changing to Fridays as of Dec 2nd, 2nd half Extension Program starts Jan 27th and ends May 19th
14-3	Fall season started on Sept. 12th	M & W	Changing to Fridays as of Dec 2nd, 2nd half Extension Program starts Jan 27th and ends May 19th
15-1	Monday, Dec. 5th	M & W	6:00pm-8:00pm
15-2	Friday, Dec. 9th	F & Sundays	Fridays 6-8pm & Sundays 9-11am
15-3	Friday, Dec. 9th	F & Sundays	Fridays 6-8pm & Sundays 9-11am
15-4	Sunday, Dec. 4th	Sundays	Fridays 6-8pm & Sundays 9-11am
16-1	Monday, Dec. 5th	M & W	6:00pm-8:00pm
16-2	Thursday, Dec. 8th	Th & Sundays	Thurs: 8-10pm / Dec 11th & Dec 18th practice is 3pm to 5pm, switches to 11am to 1pm on Jan 15th
16-3	Wednesday, Dec. 7th	Wed & Sundays	Wed: 8-10pm/ Dec 11th & Dec 18th practice is 3pm to 5pm, switches to 11am to 1pm on Jan 15th
16-4	Monday, Dec. 12th	Mondays	All practices take place at SPORTIME Lynbrook
17-1	Monday, Dec. 5th	M & W	6:00pm-8:00pm
17-2	Monday, Dec. 5th	M & W	6:00pm-8:00pm
17-3	Thursday, Dec. 8th	Th & Sundays	Thurs: 8-10pm / Dec 11th & Dec 18th practice is 3pm to 5pm, switches to 11am to 1pm on Jan 15th
18-1	Monday, Dec. 5th	M & W	6:00pm-8:00pm
18-2	Wednesday, Dec. 7th	Wednesdays	Wed: 8-10pm
18-3	Monday, Dec. 12th	Mondays	All practices take place at SPORTIME Lynbrook